



ARAPOHUE SCHOOL

Te ara ki mātauranga • The pathway to knowledge

21 July 2021

Kia ora whanau,

As the holidays are rushing to an end I hope you are enjoying some good times with your family. My holiday highlights have been working my way through half a dozen novels, jigsaws and the odd bit of house work and also going to Auckland to see Lion King, which was incredible!

TERM 3

As teachers have been in over the holidays, planning and preparing for the term it feels like it will be an incredibly busy one with lots happening, building up to the last week of term where we will have our Ag Show Day. There will be a separate newsletter coming out next week with detailed information - Please keep your eye out for it.

For MAC clubs this term we will be making items to sell at Ag Day – PLEASE let me know ASAP if you have an idea for a MAC club you could come and run.

NEW STUDENTS

On Monday we will welcome Zade, Matthew, Gemma and their family to our school. They have moved to our school from Ruawai and we know they will enjoy being part of our school community.

If you have any pre-schoolers or friends with young children due to start school in the next 6 months please encourage them to make contact to complete enrolment forms to assist us with our transition programme and future planning.

WELLINGTON CAMP

We still have 15 tickets left for our bonus lotto raffle that we will be running this term. If you would like to purchase one, please send \$20 to the office on Monday. This gets you a ticket with 10 chances to win \$40.

PATH VALUES AWARD:

Prize Wheel draws also saw in Week 10:

Sula – free time with a friend

Xzavier – dip in the treasure chest

We also gave out one 25+ PATH card prizes. Congratulations to:

Nelson, Xzavier, Angus, Hunter, Stella, Kylah, Rocco and Jonathan – who chose a mix of treasure chest, ice creams and extended break times – made for some lovely long breaks on the last day of term!

CLASSROOM AWARDS

The following students have also received classroom awards at assembly:

WK 10: **Payton, Jordan, Leo and Xzavier**

Well done everyone – keep being AWESOME!

KA ORA KA AKO LUNCH IN SCHOOLS PROGRAMME

As discussed last term, Term 3 sees us joining the Lunch In Schools Programme. We are pleased to announce that Lunch By Libelle (Libelle Group) have been appointed as our 2021 school lunch service provider. Libelle Group has over 16 years of experience, feeding hungry tamariki healthy and nutritionally balanced kai in schools across Aotearoa.

Lunch By Libelle promises:

- Nutritionally balanced, healthy school kai!
- 100% local staff, empowering people in the community!
- Regularly updated menu selection!
- Fresh lunches made every day!
- Honest & open communication with opportunities to give feedback!

For more information, to see their menus or to sign up to the Lunch By Libelle newsletter head to www.lunchbylibelle.co.nz. Alternatively, check out the Lunch By Libelle Facebook page at <https://www.facebook.com/lunchbylibelle>

All providers have strict guidelines to adhere to around food content and Libelle staff tell us it can take a couple of weeks for children to adjust to a possible change to their usual diet. Menus for the first two weeks can be found below.

While we will still have fruit available for morning tea, you may like to send a snack for your child to last them until lunchtime.

Mauriora,
Kylie Piper.

2021 Term 3 Some Dates to Remember

Monday	26 July	Term 3 begins, Danielle Clarkin, trainee teacher in Kākano for 5 weeks Pou Art Project – 2 weeks
Tuesday	10 August	BoT meeting
Tuesday	17 August	Ruawai College Open Day
Friday	27 August	Body Jam Competition
Monday	30 August	School closed – Teacher only day
Wednesday	8 September	WIG WEDNESDAY
Thursday	9 September	Te Manawa MoE HUB at school in the library
Wednesday	15 September	Northern Wairoa Speech Competitions
Friday	1 October	Last day of Term 3
Saturday	2 October	Arapohue AG Show Day

LUNCH
BY
LIBELLE

Term 3, 2021

PURIRI WEEK

26/07-30/07

MONDAY

Pork Taco

Wholemeal wrap, pulled pork, cheese, salad with corn, BBQ mayo.

Dietary Alternatives:
V, VE: Mexican beans
GF: GF wrap
DF: Vegan cheese
H, NB: Roast chicken

Snack: Fruity Yoghurt^{*} Bliss Bite

Snack Dietary Alternatives:
DF, VE: Soy yoghurt

TUESDAY

Mac & Cheese with Cauliflower

Pasta elbows, cauliflower cheese sauce, white beans, mixed veggies.

Dietary Alternatives:
GF: GF pasta

Snack: Fruit

Snack Dietary Alternatives:
None

WEDNESDAY

Beef and Bean Nachos

Mexican beans with corn, capsicum and kumara, beef, cheese and corn chips.

Dietary Alternatives:
V, VE: FN Mexican magic mince
H, NB: Shredded chicken
DF, VE: Vegan cheese

Snack: Cookie

Snack Dietary Alternatives:
GF, DF, EF, VE: Bliss bites

THURSDAY

Ham and Cheese Filled Roll

Long roll, ham, cheese, mayo, lettuce. ^{*}Corn patty.

Dietary Alternatives:
V: Egg mayo
GF: GF bread or roll
H, NP: Sliced chicken
VE: Chickpea & corn patty

Snack: Veggie Sticks and Dip^{*} Fruit

Snack Dietary Alternatives:
None

FRIDAY

Butter Chicken & Rice

Chicken, chickpeas, seasonal veg, butter chicken sauce, mixed white and brown rice.

Dietary Alternatives:
V, VE: Chickpeas

Snack: Fruit

Snack Dietary Alternatives:
None



Key: (V) Vegetarian. (GF) Gluten Free. (DF) Dairy Free. (EF) Egg Free. (H) Halal. (NB) No Beef. (NP) No Pork. ^{*}Senior students additional item.
Meals will be prepared to cater for children with specific allergies or cultural requirements. If you need these options please make the school aware two weeks in advance. Meals are prepared in a non-allergen controlled environment.
If you have low tolerance towards certain allergens please notify the school immediately. Items may vary subject to supply.

lunchbylibelle@libelle.co.nz

facebook.com/lunchbylibelle

www.lunchbylibelle.co.nz

LUNCH
BY
LIBELLE

Term 3, 2021

TOTARA WEEK

02/08-06/08

MONDAY

Cottage Pie

Savoury mince with veggies and mashed potato.

Dietary Alternatives:
V, NB: Vegetable cottage pie
DF, VE: Savoury lentils and mash

Snack: Cookie

Snack Dietary Alternatives:
GF, EF, VE: Bliss bites



TUESDAY

Pizza Roll Up & Salad

Wholemeal wrap, pizza sauce, cheese, pizza ham with salad.

Dietary Alternatives:
V, VE: FN mushroom & chickpea magic mince
GF: GF wrap
DF, VE: Vegan cheese
H, NB: Roast chicken

Snack: Fruity Yoghurt^{*} Cookie

Snack Dietary Alternatives:
DF, VE: Soy yoghurt
^{*}GF, DF, EF, VE: Bliss bites

WEDNESDAY

Chicken and Corn Hotpot with Mini Bun

Chicken, seasonal vegetables and corn in a kumara & chicken broth base.

Dietary Alternatives:
GF: GF bun
DF: DF soup base
V, VE: White beans and V broth

Snack: Pikelet

Snack Dietary Alternatives:
GF: Rice crackers
DF, EF, VE: Crackers

THURSDAY

Bacon Lettuce Sandwich

Wholemeal bread, bacon, cheese, tomato relish, mayo, lettuce, potato salad.

Dietary Alternatives:
GF: GF bread or roll
H, NP: Chicken rashers
DF, VE: Corn & bean salad
EF, VE: Vegan mayo
V, VE: Black bean patty

Snack: Cookie^{*} Fruit

Snack Dietary Alternatives:
GF, DF, EF, VE: Corn chips

FRIDAY

Pasta & Meatballs

White and wholegrain pasta, vegful tomato sauce, meatballs, cheese, peas.

Dietary Alternatives:
V, VE: FN amazeballs
GF: GF pasta
GF, H, NB, DF: FN amazeballs

Snack: Fruit

Snack Dietary Alternatives:
None



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