



ARAPOHUE SCHOOL

Te ara ki mātauranga • The pathway to knowledge

Explaining COVID-19 contacts (Phase 2)

What is the difference between a positive case, Household/Whānau of a positive case and a close contact?

Household/Whānau - People who live in your house with you

Positive Cases - Someone who has tested positive for COVID 19

Close Contact - Someone who has had contact with a person with COVID 19 when they were infectious

You or your child tests positive	Household/Whānau members of a positive case	You or your child are a <u>close contact</u> of a positive case	
Self isolate for 10 days (Your child and your household/Whānau will also need to self-isolate)	Self isolate for 10 days	Close contact	Household/Whānau member of close contact
Provide all necessary information to contact tracers to help them identify other close contacts	Test on day 5 and then again on day 8	The close contact must isolate for 7 days, get a test on day 5	All other members of the household/Whānau can continue as normal monitoring for symptoms
Test on day 5 and then again on day 8	You can stop isolating and RETURN to normal life once you have received a negative day 8 test and the 10 days have passed.	You can stop isolating and RETURN to normal life once you have received a negative day 5 test and the 7 days have passed	If you develop any symptoms you should get a test
You can stop isolating and RETURN to normal life once you have received a negative day 8 test and the 10 days have passed.	You will be notified of your test result (negative or positive) by text	You will be notified of your test result (negative or positive) by text	
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CASUAL CONTACTS

STUDENTS COME TO SCHOOL & YOU CONTINUE WITH YOUR NORMAL ROUTINES

Monitor for symptoms and get tested if feeling unwell

COVID-19

Frequently Asked Questions

In light of recent cases in the local area this information is to support our families with any Covid-19 queries, and what you need to do.

In advance we know that this will end up in disruptions to your lives and work, and thank you for your understanding and support.

Please note that we are not the “health experts”, but do know that the Ministry of Health may be delayed in providing advice/guidance to you.

Please also note that this information is subject to change, based on any updated guidelines from the Ministry of Education & Health.

Who do we advise if my child tests positive for Covid-19?

Please contact Justine Driver as soon as possible after you have been informed of a positive test result.

Contact: by email kylie@arapohue.school.nz or phone the school 439 7513

What actions does the school take when there is a positive case?

We follow a response plan based on guidance from the Ministry of Education.

This involves:

- Seeking confirmation of the positive case, and when the infectious period was
- If this was on a school day, we then work through contact tracing
- We will advise classes that are close contacts, via text/email initially, and then a follow up phone call. If this occurs during a school day, we will request that you come and collect your child as soon as you are able to.
- Rest of school advised of the case, and becomes casual contacts

How do we work out who is a Close Contact?

There is detailed guidance around this and a range of criteria. This looks at a number of factors, including how long students were together, whether it was indoor or outdoor and whether masks were worn correctly or not.

My child is a close contact. What does this mean?

- This means your child has had contact with a positive case at our school.
- They will need to isolate for 7 days and be tested on day #5 (Note - the 7 days start from the date that they were in contact with a positive case at school. Because of the time lag between the confirmed case/test results, this may mean that your child only needs to remain home for a smaller number of days).
- The day #5 test is likely when you would receive the notification of being a close contact.
- We will advise you further regarding testing and isolation dates.

Do I need to provide anything before my child is able to return to school?

Positive Case - Nothing needs to be provided. Your child can return to school once their isolation period is completed and have been given clearance to return from their GP for being symptom free for 72 hours.

Household Contact - Negative Day 8 test result shared with school, return to school on day 11.

Close Contact - Negative Day 5 test result shared with school, return to school on day 8.

If my child is a close contact, does the rest of our household also need to isolate?

No, not for our region. We have received official direction from the Auckland Regional Health Board & Ministry of Education that this no longer applies to the Auckland region.

Please note: the Covid19 website still says that other household members of close contacts are casual contacts, and also need to isolate for 5 days, but this does not apply to the Waikato/Auckland areas.

A member of our household is a close contact. Can my child still attend school?

Yes, as above. Your child is able to attend school.

We received the letter saying that my child is NOT a close contact. What do I need to do?

Most importantly, **your child is still able to attend school**

- You and your Whānau should watch for symptoms
- If any develop, get tested immediately
- Then, stay at home until you receive the result
- Please keep an eye out for school communications
- If your Whānau hasn't been vaccinated, please consider doing so as soon as possible.

My child has tested positive for Covid-19. What does this mean?

This will mean that your child will need to isolate. All family members will be close contacts and also need to isolate.

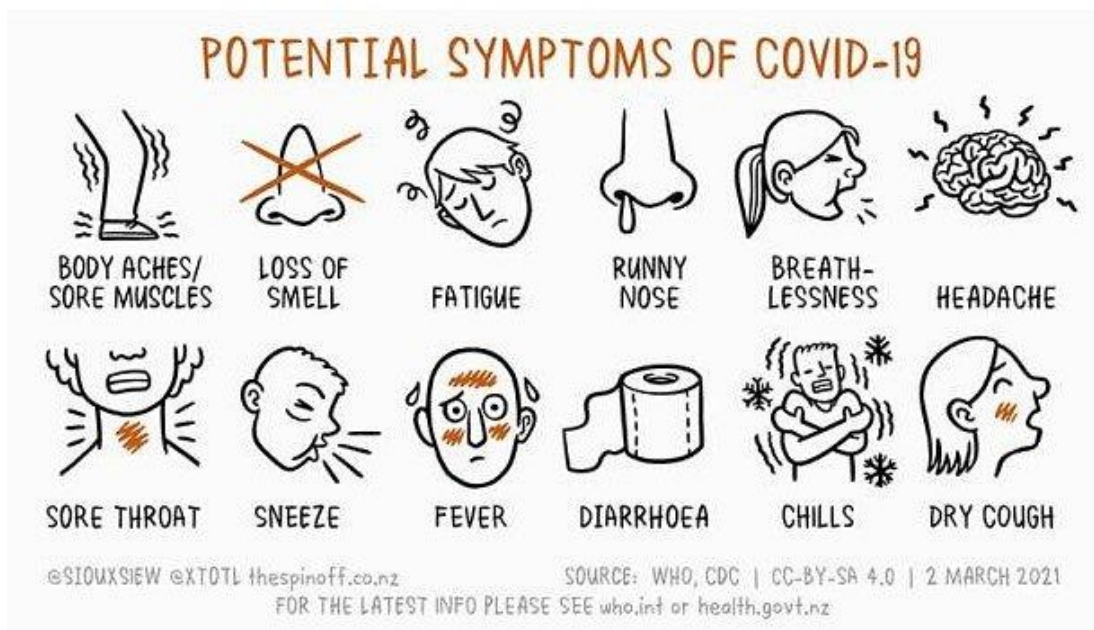
Ministry of Health will provide more guidance.

A member of our household has tested positive. What does this mean?

This will mean that your child will be a close contact and also needs to isolate. Ministry of Health will provide more guidance.

My child is feeling unwell (e.g. cough, headache, sore throat etc) Can I still send them to school?

Because these are all symptoms of Covid, please do not send your child to school. While these may be the normal bugs/sniffles that occur, we encourage you to get your child tested.



Is it safe to send my child to school?

Our processes involve working through a detailed contact tracing assessment. If your child is not a close contact, then school is still open for them and we encourage you to send them to school as much as you can. As you know, our students have missed a lot of teaching and learning over the past 2 years, and we really want to see them at school as much as possible.

Our school health and safety plan for Red does contain a large number of protections.

What are you doing to keep my child safe?

- All staff, volunteers, contractors on site are vaccinated
- We are ventilating all our rooms
- Staff and students in Year 4 and above are wearing masks
- Mask wearing in Y0-3 is encouraged
- We have staggered break times and areas to assist with contact tracing and minimising contact between large groups of students.

My child is anxious or scared. What advice do you have?

Our onsite team are working hard to make school fun, safe and a place of learning. We encourage you to focus on the things that they can do to help - mask-wearing, washing hands, getting a test (if required)

This website has some useful tips - <https://www.kidshealth.org.nz>

My child needs to isolate at home. What support will school provide around teaching and learning?

Our support and response will also depend on whether class teachers are also isolating at home. If our teachers are also isolating, they will be in touch to offer our remote learning support (virtual connections, activities etc)